



Kamloops Canoe and Kayak Club
Shumway lake
Kamloops, British Columbia, Canada
www.kamloopscanoeandkayakclub.ca

Dear Parent / Guardian

April 2018

We are very excited at the KCKC to be hosting your child for a week of summer camp on Shumway Lake. Below please find some valuable information for your child's week to be successful.

If you haven't already filled out **CKBC individual registration form**, please do so for the first day at drop off. KCKC requires the form to be completed in order for kids to go on the water. **Kids cannot go on the water without form being completed.**

Drop off: 8:15 AM (first day it would be helpful if you were there for 8 or 8:10 am)

Pick up: 3:00 PM

The KCKC has on site: changing rooms, washrooms, drinking water

We provide: all the equipment **including life jackets**

For the full week please pack the following items

- Lots of snacks
- Hat
- Towel
- Water shoes / sandals / flip-flops
- Some kids like rash guards to keep warm or protected from the sun, but it's not required
- Water bottle
- Swim Suit
- Runners
- Sunscreen
- Warm change of clothes
- Running shoes

In our experience we have found our camp kids are **exceptionally hungry** with all the fresh air and energy they use up – so please pack a few more snacks than you normally would for school lunches – your child will be grateful for the extra snacks!

Our days will take place in all weather – should it be raining or windy we will still be on the lake. Lots of warm clothing will be very useful should your child get wet on these days.

ON FRIDAY we do BBQ lunch for kids, kids are welcome to bring foo to share as a Potluck.

If you have any other questions or concerns, please feel free to email me.

See you all soon!

Sue Robinson
KCKC Commodore