



Kamloops Canoe and Kayak Club  
Shumway lake  
Kamloops, British Columbia, Canada  
[www.kamloopscanoeandkayakclub.ca](http://www.kamloopscanoeandkayakclub.ca)

Dear Parent / Guardian

We are very excited at the KCKC to be hosting your child for a week of summer camp on Shumway Lake. Below please find some valuable information for your child's week to be successful.

If you haven't already filled out **CKBC individual registration form**, please do so for the first day at drop off. KCKC requires the form to be completed in order for kids to go on the water. **Kids cannot go on the water without form being completed.**

**Drop off: 8:15 AM** (first day it would be helpful if you were there for 8 or 8:10 am)

**Pick up: 3:00 PM**

**The KCKC has on site:** changing rooms, washrooms, drinking water

**We provide:** all the equipment **including life jackets**

For the full week please pack the following items

- Lots of snacks
- Hat
- Towel
- Water shoes / sandals / flip-flops
- Some kids like rash guards to keep warm or protected from the sun, but it's not required
- Water bottle
- Swim Suit
- Runners
- Sunscreen
- Warm change of clothes
- Running shoes

In our experience we have found our camp kids are **exceptionally hungry** with all the fresh air and energy they use up – so please pack a few more snacks than you normally would for school lunches – your child will be grateful for the extra snacks!

Our days will take place in all weather – should it be raining or windy we will still be on the lake. Lots of warm clothing will be very useful should your child get wet on these days.

**ON FRIDAY (WED at the 3 days) we do BBQ lunch for kids, kids are welcome to bring foo to share as a Potluck.**

If you have any other questions or concerns, please feel free to email me.

See you all soon!

Sue Robinson  
KCKC Operations manager