



## **KCKC Summer Camp "Return to Play" operations and safety protocols and guidelines**

Dear parents, KCKC summer camp participants,

Due to the COVID-19 pandemic there has been some significant changes made to our summer camp structure. We are lucky we are allowed to run our summer camps and we are hoping that together we can make the KCKC summer camp a fun, safe and positive experience at this complicated time our society is going through.

Like all other sport organizations, we had to adopt new safety policies and create new safety and health protocols with the focus on health and safety of everyone involved.

Due to some formal changes another registration of your kids will be REQUIRED. During the registration you will receive the information about the schedule, health and safety updates and protocol and payment information. Please make sure you re-register you kid ASAP.

### **FACTS:**

1. Any summer camp participant is automatically becoming a member of Kamloops Canoe and Kayak Club, Canoe Kayak BC and Canoe Kayak Canada. The amount of \$5 included in the Summer camp fee is considered as the membership fee of the organizations listed above.
2. There has been a new "COVID-19 assumption of Risk Waiver" created by Canoe Kayak Canada - after your new registration, you will receive this waiver together with the membership form and other paperwork. The following need to be printed out and brought into Shumway lake at the FIRST day of the summer camp. Participants cannot attend camps without this paperwork filled out and submitted in full:  
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3. We are fully committed to the protection of the kids safety and health - wearing facemasks or any alternative face protection (bandana, etc) during the "ON-SHORE FACILITY TIME" is MANDATORY for everyone, including the parents.

KCKC is selling custom made bandanas to those who don't want to wear the regular facemasks. Please register here in case you want to purchase KCKC custom made bandanas:

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4. We have created and adopted a system to keep social distancing either during the "on-shore" or "on-water" time.
5. Our facility has been "subdivided" into sections according to programming to make sure summer camp kids are not interacting with kids from competitive groups.
6. Usage of our main clubhouse is very limited and besides the washrooms and sheltered picnic tables area, there is no other area we are allowed to use for summer camps operations. Our kitchen and indoor spaces will not be available.
7. Since we are not using any area of the main clubhouse, the summer camp operation is happening fully outdoors - please make sure you keep checking the weather forecast and pack enough clothes for your kids in case of rain or cold temperature.
8. Besides the regular paddling sessions, there will be 2 half-day hikes scheduled. You will be updated about the days depending on the weather forecast.
9. Since we have adopted new cleaning and sanitizing policies, there will be a significant number of hand sanitizers and surface-sanitizers placed around the facility. Kids will be repeatedly reminded to sanitize either by our instructors AND/OR signs posted around the facility.
10. KCKC has also hired a full time summer "Health and Safety employee" whose main job is to keep the facility clean and help the kids to keep all the Health and Safety protocols.
11. The BBQ originally scheduled for Friday lunch must unfortunately be cancelled due to obvious reasons.
12. KCKC is still providing the drinking water for kids, while our "Health and Safety employee" is taking care of the "bottle filling process".
13. Reminder: kids must bring their own water bottles, KCKC is not providing any.
14. KCKC operation is completely "GARBAGE FREE" with exception of the compost. Kids are required to pack their trash and take it home.

## ***Summer camps operations:***

### **1. General schedule**

The facility is opening at 8.00am for early check-in, while the program starts at 8.30. Please make sure you give us the forms and you sign your kid in daily based on our staff instructions.

Make sure you are on time since the first part of every day is being committed to safety talks and reminding all the safety rules and procedures to kids.

The program finishes at 2.45pm that all the kids are ready to be picked up at 3pm. Please make sure you sign your kid out based on instructions you will be given by our summer staff.

### **2. Before heading to Shumway lake:**

All KCKC programs participants ***MUST answer Health and Wellness Questionnaire DAILY before leaving the home*** to attend the KCKC practice/program. Parents are responsible for administering the Health and Wellness questionnaire to their children. Participants ***MUST agree*** that in the event of feeling sick or signs of feeling sick to stay at home:

#### **Canoe Kayak BC Health and Wellness Questionnaire:**

1. Have you had any of the following symptoms in the last 2 weeks: Fever, Chills, Cough, Shortness of breath or difficulty breathing, Sore throat and painful swallowing, Stuffy or runny nose, Loss of sense of smell, Headache, Muscle aches, Fatigue, Loss of appetite
2. Have you been in close contact or cared for anyone with the above symptoms in the last 2 weeks?
3. Have you been travelling either in the province or out of the province in the last 2 weeks?
4. Have you been in close contact with anyone who has traveled in the last 14 days?

***In case you have answered YES to any of the questions above, you MUST stay at home, self isolate and notify the club:***

Safety Officer Jody Neuls: [soleyjody@gmail.com](mailto:soleyjody@gmail.com)

Head Coach Stan Marek: [kckcopsmgr@gmail.com](mailto:kckcopsmgr@gmail.com)

### **3. When arriving to Shumway lake**

**BEFORE** entering the Shumway Lake facility all KCKC programs participants and their parents (in case getting out of their vehicle) **MUST sanitize** their hands while using their own sanitizer.

### **4. While being at the Shumway lake facility**

Our instructors will make sure kids are being reminded frequently to sanitize/wash their hands. Proper signage is posted around the facility as well.

All kids will be reminded by keeping the **social distance at any situation** while being at Shumway lake facility by our instructors and by proper signage placed around the facility. Everyone **MUST also wear face masks** all the time while being “on-shore” at the Shumway lake facility.

Our staff will be checking and monitoring kids’ health and wellbeing 2-3x during the day. In case any concerns occur, the parents will be notified during the checkout.