



Kamloops Canoe and Kayak Club  
Shumway lake  
Kamloops, British Columbia, Canada  
[www.kamloopscanoeandkayakclub.ca](http://www.kamloopscanoeandkayakclub.ca)

Dear Parent / Guardian

We are very excited at the KCKC to be hosting your child for a week of summer camp on Shumway Lake. Below please find some valuable information for your child's week to be successful.

If you haven't already filled out **Updated COVID-19 Assumption of Risk Waiver**, which you received as a part of confirmation email, please do so for the first day at drop off. KCKC requires the waiver to be completed in order for kids to attend any activity in our facility. **Kids cannot join any activity without the waiver being completed.**

Please read carefully our **"KCKC Summer Camp Return to Play Operations and Safety protocols and Guidelines"**. You should have received the document during the registration.

Important part of our operations and programming is to make sure everyone is healthy and safe. For this reason KCKC adopted the Canoe Kayak BC **Health and Wellness Questionnaire**. You should have received it during your registration. Please fill it up and bring it together with the waiver on the first day of your summer camp. **Kids cannot join any activity without the waiver being completed.**

As mentioned in the Guidelines, during the "on-shore" time everyone is required to wear facemask. For this purpose KCKC is selling "KCKC design" buffs for \$15 for those who might be interested. Those are available during the first day of the camp and are payable by cheque.

**Drop off: 8:15 AM**

**Pick up: 2.45 - 3:00 PM**

**The KCKC has on site:** washrooms, drinking water

**We provide:** all the equipment **including life jackets**

For the full week please pack the following items

- |   |                                       |   |
|---|---------------------------------------|---|
| <input type="checkbox"/> Lots of snacks                     | <input type="checkbox"/> Water bottle | <input type="checkbox"/> Sunscreen              |
| <input type="checkbox"/> Hat                                | <input type="checkbox"/> Swimsuit     | <input type="checkbox"/> Warm change of clothes |
| <input type="checkbox"/> Towel                              | <input type="checkbox"/> Runners      | <input type="checkbox"/> Running shoes          |
| <input type="checkbox"/> Water shoes / sandals / flip-flops |                                       |   |

In our experience we have found our camp kids **exceptionally hungry** with all the fresh air and energy they use up – so please pack a few more snacks than you normally would for school lunches – your child will be grateful for the extra snacks!

Our days will take place in all weather – should it be rainy or windy we will still be on the lake. Lots of warm clothing will be VERY USEFUL should your child get wet on these days.

Unfortunately we are not able to do the BBQ for the kids as we always did in the previous years.

If you have any other questions or concerns, please feel free to contact us!

See you all soon!

Stan Marek  
KCKC Head Coach and Operations manager