



CKBC Health and Wellness Questionnaire

All KCKC programs participants must answer Health and Wellness Questionnaire DAILY before leaving the home to attend the KCKC practice/program. Parents are responsible for administering the Health and Wellness questionnaire to their children. Participants must agree that in the event of feeling sick or signs of feeling sick to stay at home.

1. Have you had any of the following symptoms in the last 2 weeks: Fever, Chills, Cough, Shortness of breath or difficulty breathing, Sore throat and painful swallowing, Stuffy or runny nose, Loss of sense of smell, Headache, Muscle aches, Fatigue, Loss of appetite
2. Have you been in close contact or cared for anyone with the above symptoms in the last 2 weeks?
3. Have you travelled outside of Canada within the last 14 days?

In case you have answered YES to any of the questions above, you MUST stay at home, self isolate and notify the club:

Safety Officer Jody Neuls: soleyjody@gmail.com

Head Coach Stan Marek: kckcheadcoach@gmail.com

Please sign and bring this form EVERY DAY to your LtoP session.

participant's name

date

parent's signature